

Social

Environment

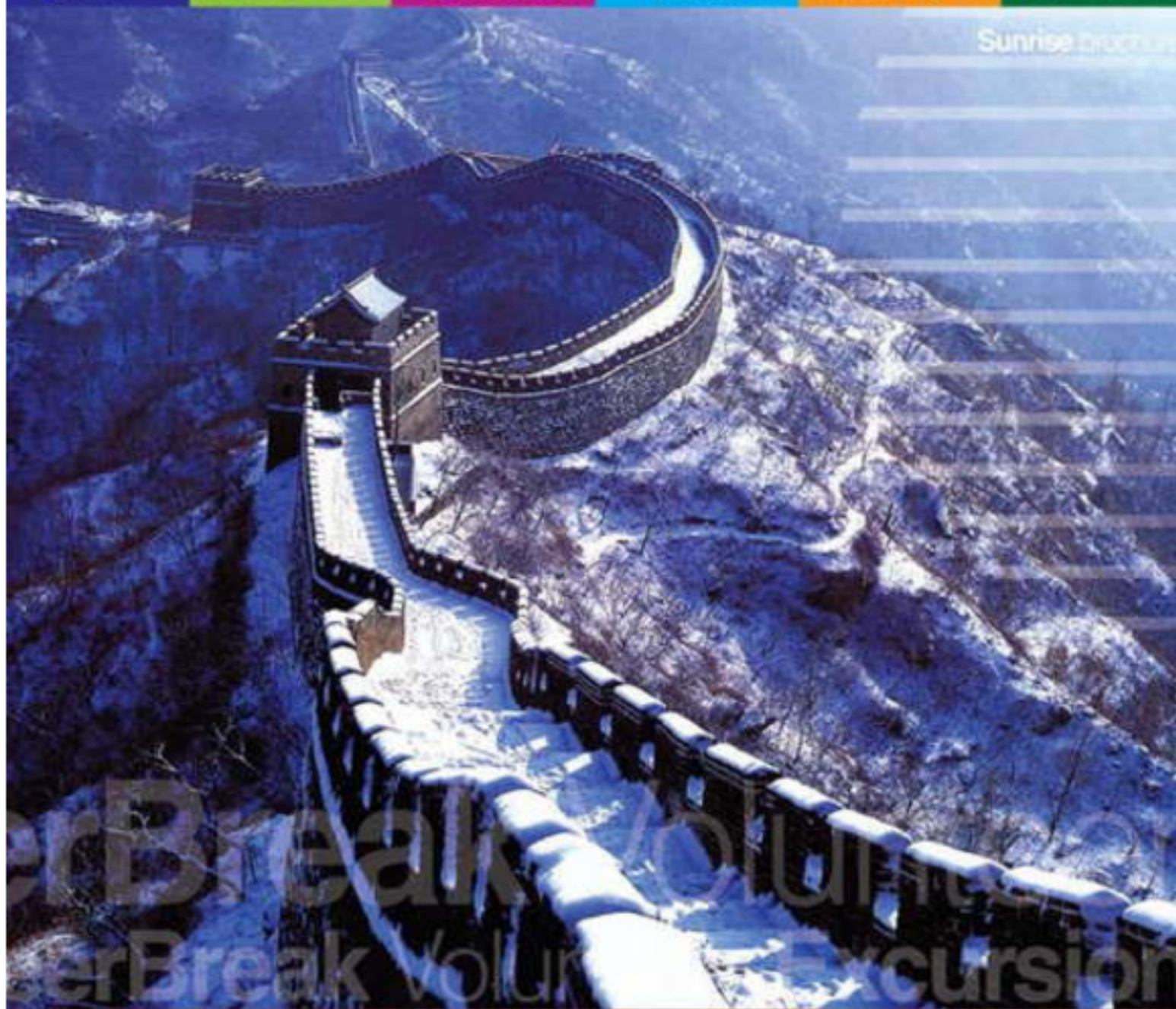
Education

Medical

Journalism

Community

Sunrise brochure



www.sunrint.com

discover China

Gapyear **CareerBreak** Volunteer **Excursions**

Sunrise

Introduction

Contents

Introduction	Page 1 - 2
Medical Training	Page 3
Medical	Page 4
Journalism	Page 5
English Teaching in a Community High School	Page 6
English Teaching in a English Language School	Page 7
English Teaching in a Special Needs School	Page 8
Business in Media Industry	Page 9
Business in Worldwide Trading Company	Page 10
Panda Conservation	Page 11
Sea Turtles Conservation in China	Page 12
Mandarin Lesson	Page 13
Chinese Painting & Calligraphy Course	Page 14
Chinese Taiji-Tai Chi	Page 15
Excursion	Page 16
Booking Form	Page 17
Terms & Conditions	Page 18
Support & Backup	Page 19



The most important thing to realize is that China is a country whose riches are waiting for you to discover them.

Your life will be changed in ways you may never have thought possible if you make the decision to spend your gap year, new career and volunteer in China. The hardest part, in fact, is deciding to go. For once you do the skills you gain and the experiences you have will make you not only more knowledgeable, but also a much more interesting person than you ever were before.

Sunrise International is the specialist for China programmes. We offer one week to a year opportunities abroad in social, environment, education, medical, journalism and community areas around China.

Sunrise



Language Essentials

Hello	>>>	你好 Ni Hao
Goodbye	>>>	再见 Zai Jian
Thank You	>>>	谢谢 Xie Xie
Yes	>>>	是的 Shide
No	>>>	不 Bu
Please	>>>	请 Qing
My name is...	>>>	我叫 Wo Jiao...

Reasons to Join

1. To see the real China
2. To make friends
3. To add experience to your resume
4. To be challenged
5. To do something different
6. To have fun!



NEW

Medical Training

Working in a Class-three & Grade A Hospital with being the health care centre for central committee cadres, which is a directly hospital under the Chinese Ministry of Health's. You will work in Physiotherapy department. The hospital will give you a relative training. The doctors with whom you work really enjoy the cultural exchange that is brought by you and are more than happy for you to be involved in most aspects of their work in the hospital. This programme should be used as a wonderful opportunity to question doctors who are very willing to share their expertise and knowledge. The Chinese acupuncture and massage might be taught during the programme, which give you a totally new treatment ideas.

Project accepts Medical students or relative subject students. RESUME and Reference are required with the booking form.

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing Class-three & Grade A Hospital
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 4 weeks
Price:	£1290
Additional week:	£300/week

Previous client voice

China is a great place.
My medical internship
was excellent.

Thx Emma!
- Sarah



Medical

Working in a privately held International clinic located close to the Beijing Oriental Plaza, The Clinic's international doctors and nurses offer high-quality medical care for both foreigner and Chinese nationals and their families. You can see most inside the departments except Obstetrics and Gynecology Department. You will be assigned to work under the watchful supervision of an experienced, English-speaking doctor or nurse specializing in volunteers' respective, chosen medical field. For the duration of the programme, this healthcare professional will work as your supervisor. You will initially learn about the medical system in China before spending time in various departments at the hospital in Beijing. Depending upon your length of stay and preference, you'll also visit various specialized departments.

Project can accept non-medical background clients, but requires candidates have some relative medical or biology knowledge. RESUME is required with the booking form.

Previous client voice

Things are great. Very well organized and fun... Thanks for all of your leg work in putting together such a great experience

- Hilary

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing International Clinic
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 4 weeks
Price:	£1099
Additional week:	£220/week



Journalism

We offer vacancies to contributing editor, photographer or writer for a range of Beijing-based publications among the leading business magazine, a daily newspaper, a popular online photography website, and a city and lifestyle magazines. Days are spent covering local events, finding newsworthy stories, attending press rounds, conducting interviews with distinguished visitors from abroad or local celebrities, or talking to everyday locals to ascertain their views on a range of subjects and then writing up and editing articles. Other areas of work will include proof-reading and editing articles, possibly contributing to layout ideas, and just generally helping whenever and wherever your assistance is required. You also have the opportunity to get involved with the photography side of journalism. To work on a print journalism placement, with an international newspaper or magazine, you not only get an insider's view of how publications are run, but you will also compile an impressive portfolio to take home with you at the end of your program.

Project accepts Journalism or relative experience clients. RESUME is required with the booking form.

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing Lifestyle magazine or newspaper
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 4 weeks
Price:	£1099
Additional week:	£220/week

Previous client voice

This was perfect for someone who knew little about these things because it meant that I learnt about the country I was living in as I worked in it! - Chris



English Teaching in a Community High School

Teaching English is the most popular project for all the native speakers; the project is also welcome the other subjects such as music, IT, arts and other languages.

You don't need to have formal training or speak Chinese language to teach during a volunteer vacation, what you need is just a respect for the local cultures and a heart big enough to love the children you teach. In the community high school you will teach with kids 13 to 17 years old. Although they are in Beijing, the school has limited funds to employ the native English speaker teacher, their English grammar might be advance level but the oral English just in beginner. In some ways, the students have limited opportunities to practice their English, you will be the guide to introduce the world in the other side. To teach these students, textbooks are provided but you are encouraged to be creative in their lessons and activities.

Project accepts English native speakers, teaching experience or relative academic background are advantage for this position, RESUME is required with the booking form.

Previous client voice

Amazing cultural experience and at the same time has opened my eyes to the world of work and has confirmed that I have chosen the right career path, whilst highlighting the skills I need to gain or improve on. - Laura

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing Community High School
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 4 weeks
Price:	£999
Additional week:	£220/week



English Teaching in English Language School

This is an American-own language training branch which focuses primarily on young learners' English and college level IELTS and TOEFL preparation. You will teach in a small class with up to 6 kids aged 5 to 13 years old in the centre.

Chinese parents send their kids to the centre for improving their oral English in a good English atmosphere. You will be amongst colleagues who come from North American, England and New Zealand, and Chinese with excellent English. Regardless of the kids' level of expertise, they'll likely be keen to practice their English conversation skills with you. Not only will you have new friends, but your coworkers can help you navigate the area and its customs better than any guidebook.

Project accepts English native speaker clients with CRB (crime recorder check), but NOT required candidates have any teaching experience and academic background. RESUME is required with the booking form.

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing English Language School
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 2 weeks
Price:	£749
Additional week:	£220/week

Previous client voice

Thank you again for taking care of the necessary and important details for travel, and most of all, for establishing the relationships with Chinese institutions.
- Laura



English Teaching in Special Needs School

The English Teaching in Special Needs School would suit for someone who wants to share their time, love and passion to those children who have rarely experienced love in their lives.

In China, disable children have the limited opportunities to learn as normal students in Special Needs School. You will teach in the class with kids 6 to 13 years old in Beijing. Most students are blind or deaf since they were born. You need put more patient and careful to teach them. If you have been trained in dactylology or Braille, it will be advantage you will be assessed by school English teacher who speak English. It is an excellent project and will give you worthwhile and satisfying experience.

Project accepts English native speakers, teaching experience or relative academic background are advantage for this position. RESUME is required with the booking form.

Previous client voice

Hard to believe three months has gone by.....
so many experiences
with the kids....
I will come back soon.
- Emily

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing Special Needs School
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 4 weeks
Price:	£1099
Additional week:	£220/week



NEW

Business in Media industry

We are currently working with a lifestyle magazine in Beijing, who needs help from business background professions. You will get involved with the daily operations of the magazine, including attending routine meetings, working on new projects, meeting clients and organizing events, researching markets to identify opportunities for events; selling sponsorship/magazine/exhibition space to potential exhibitors/partners, etc. You might be given important responsibilities from the start of your placement. The role of event organizer is hands-on and often involves working as part of a team. Take every challenge offered and experience a unique insight on business in one of the most exciting city in the world.

Project accepts Business experience or relative subjects professions. RESUME and Reference are required with the booking form.

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing Lifestyle English Media Company
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 4 weeks
Price:	£1099
Additional week:	£220/week

Previous client voice

This experience has given me exposure to the Chinese business culture, and there's been enormous improvement in my Mandarin skills.
- Cathy



NEW

Business in Worldwide Trading Company

You will get involved with the daily operations of a worldwide trading company, in where you will be given full training in the international trade affairs between China and other countries, the import and export policies is taught during the projects. If you want to set up your own business or earn experience with the Chinese trade, this is the unique opportunity you won't miss. It is advantage if you can do some design work for the products and arts and design background professions are welcome. We also welcome the Human Resources experience for this programme. If every store is a business, its most important asset is the people who make up the store team. The role of an HR is to look after that asset: supporting the managers in each area of the store and making sure that everyone in the team has the skills and support they need to do their job. From recruiting new people to developing careers to resolving disputes, it's your job to help the store live up to being a great place for people to work as well as shop.

Project accepts Business, arts and design experience or relative subjects professions. RESUME and Reference are required with the booking form.

Previous client voice

I have a great sense of accomplishment after completing my volunteer project and truly believe that the people I helped appreciated my efforts.
- Kevin

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing or Shanghai Worldwide Trading Company
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 4 weeks
Price:	£1099
Additional week:	£220/week



Panda Conversation

Our Panda Conservation Centre has been selected as China's latest giant panda protection centre, it has a new role to play in altering the destiny of the endangered species. Pandas will be returned to nature after they have been given relevant training in simulated wild environments. In May 2008, a horrible earthquake happened in Sichuan, our previous Woolong center was destroyed. This new centre is located in a saved area which is situated in 8 kilometers from Ya'an City, 150 kilometers from Chengdu. There are 69 pandas living in this Centre by March 2009 and including 11 baby pandas. Your work is one of the assistant panda keepers, help design the reserve's website and use your English skills to help display information about the reserve's work to visitors and similar breeding programmes around the world. We believe that this project should entail an exchange of knowledge and perspectives, a sharing of wealth, and a genuine appreciation of China's natural environment. This philosophy underpins the heart and soul of our style of travel.

This project does not require any academic background. Candidates need to provide their health certificate or doctor's letter to prove they are not carrying any contagious diseases.

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Chengdu Sichuan Province
Accommodation:	Twin bed Hostel next to the Centre
Meals:	3 meals a day
Length:	Min 2 weeks
Price:	£899
Additional week:	£250/week





NEW

Sea Turtles Conservation

The Reserve contains a sandy beach, on which sea turtles breed annually from June to September. Historically, thousands of sea turtles came to breed, but now, less than one hundred turtles are nesting there.

Our efforts are focused in China on the south coastal regions, home to the critically endangered Hawksbill Sea Turtle and the endangered Green Sea Turtle. Since it is our immediate goal to revive populations on and near south coast of China, the bulk of activities will be focused on raising sea turtles. You will share responsibilities such as feeding sea turtles, cleaning tanks, monitoring water chemistry, and administering antibiotics when needed.

This project does not require any academic background. Candidates need provide their health certificate or doctor's letter to proof they are not carried any contagious diseases.

Programme info



Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	South Coastal of China Guangdong or Hainan Province
Accommodation:	4-bed Centre Hostel in local area
Meals:	3 meals a day
Length:	Min 2 weeks
Price:	£899
Additional week:	£250/week



Mandarin Lesson

Our Mandarin course is located in the traditional Chinese style and inside the Imperial Ancestral Temple, now the Palace of Culture building in the Wen Hua Gong (Mandarin Palace).

This is an enclosed space within the Imperial Palace with a discreet location but also nearby impressive buildings of the Forbidden City and ancient trees that harmonize a typical Chinese landscape.

Many of our students at our Mandarin Learning Center take Chinese language lessons for the purpose of working in China in the future, as now there are many opportunities to do so. Some people from our Chinese language school learn Chinese for general cultural reasons; others choose our private Chinese tutoring services because they are interested in languages. A few of our students learn Chinese just for challenge, as they believed (but later proven to be wrong) that it is one of the most difficult languages to learn, because Mandarin Chinese is not as difficult as they thought. Give yourself an opportunity to join the course while traveling to China.

This project do not require any Chinese background, the course is for beginner.

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing Chinese Culture School
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 1 weeks
Price:	£299 (balance due 12 wks before departure)
Additional week:	£299/week



Chinese Painting & Calligraphy Course

Our Painting & Calligraphy course is located in the Palace of Culture building in the Wen Hua Gong, a famous place in Beijing is undoubtedly the most beautiful and calm location in the capital. Just a few minute from the school is the Forbidden City, that is, the heart of Beijing. Not far from the school is also the most famous shopping area of Beijing known as Wangfujing.

Learn how to paint a range of popular subjects using Traditional & Contemporary Chinese Brush Painting techniques. Courses gradually increase in difficulty, and feature such subjects as swallows, bamboo, wild orchids, plum blossoms, pandas, horses, peonies and more. Beginning artists will discover how easy it is to apply a variety of fundamental techniques, resulting in impressive works of art!

Chinese calligraphy, the writing of characters, is an art which has developed over many centuries in China. Translate your name in Chinese. Write your name in Chinese characters with pronunciation, calligraphy and meaning. English names and their corresponding Chinese names by gender and origin. It's fun!

This project do not require any Chinese background, the course is for beginner.

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing Chinese Culture School
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 1 weeks
Price:	£299
Additional week:	£299/week



Chinese Taiji-Tai Chi

Taiji-Tai Chi programs are offered at elementary, intermediate, and advanced levels.

Placement test will be given to determine the appropriate course for you. Changes can be made during the first week of classes.

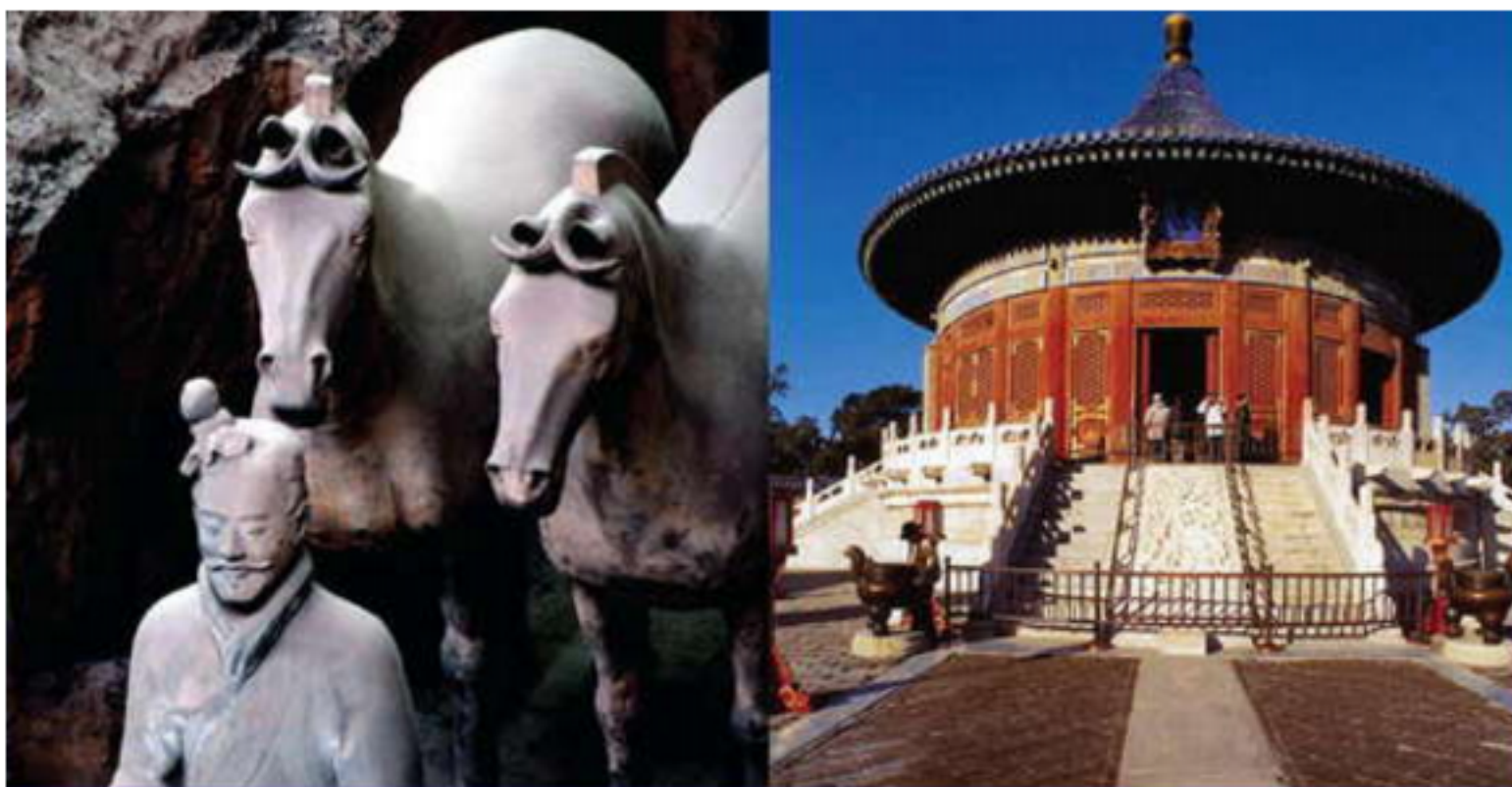
The school in Beijing offers the following services:

- Qualified teachers who can speak fluent English
- Communicative teaching methods with which you can learn very easily
- Classes tailored according to the length of your stay with different types of teaching materials
- Learning material

This project does not require any Chinese background, the course is for a beginner.

Programme info

Departure Time:	Every Monday of the year (exc. Chinese holidays)
Location:	Beijing Chinese Culture School
Accommodation:	4-bed Centre Hostel in Beijing
Meals:	3 meals a day
Length:	Min 1 weeks
Price:	£299
Additional week:	£299/week



Excursion



Weekends are free, its time to enjoy Chinas rich history of ancient civilizations and exciting traditions, as well as contemporary treasures - friendly people, fascinating culture, beautiful scenery and unique cuisine.

The weekends in Beijing can be spent on the forbidden city, Tian'anmen Square, the summer palace, etc. Different cities feature different landscapes and cultural backgrounds in China. If you do not have time to see all of these famous cities, you can always choose to visit one or two of them during your stay in China. We have many short city packages to single destinations like Beijing, Tibet, Xi'an, Yunan and much more.

Each tour includes a local guide, meals, transfers and sightseeing.

Programme info

Location:	Beijing, Shanghai, Tibet, Xi'an, Yunan, etc. (All over China)
Accommodation:	Central location hostel
Meals:	3 meals a day
Length:	1-15 days
Price:	From £35/day

Terms & Conditions

These conditions apply to all programmes provided by Sunrise International, registered in England and Wales with number 05394877.

Our contract is between Sunrise International (Sunrise) and all persons (you) named on the booking as joining or intending to join with Sunrise programmes. You warrant that you have full authority to do so on behalf of all persons named, and confirm that all persons on the booking are aware of and accept these conditions.

1. You are required to pay a non-refundable deposit of £200 for each programme, which must be received by us not later than 15 days after submission of the application form.
2. The balance of the cost of the programmes must be paid in full no later than six weeks before departure. If the balance is not paid in time we reserve the right to cancel your placement and retain your deposit.
3. You may cancel your programmes providing the cancellation is communicated to us in writing. We will not refund your deposit but you may if you wish transfer your deposit to another programmes in our current programmes (provided you are not already booked on it) on payment of a transfer fee of £50, subject to your notifying us in writing within two weeks of your cancellation. The cancellation charges are calculated as a percentage of the programmes upon the period before departure when written cancellation is received.

Period before departure within which written notification is received Cancellation charges shown as a percentage of the programmes price

42 days or more	= Loss of deposit
42-28 days	= 50% of total price
27 or less	= 100% of total price

4. If you decide to change your programmes arrangements whilst abroad then it is your responsibility for any additional costs involved and any difficulties that may arise from onward programmes. No refund is possible for any unused services provided in the cost of the programmes.
5. Sunrise will let you know as soon as it can if, Sunrise is forced to change any programmes listed on the Sunrise website and within the Sunrise brochure and leaflets.
6. The programmes price includes comprehensive pre-departure support, travel & medical advice & documentation, equipment advice. It also includes the in-country accommodation, meals airport pick up & drop off, ground transfers & in-transit accommodation, local orientation & project training, 24 hour emergency support & backup. Volunteer certification, work reference and Sunrise souvenirs will be issued after the full-programs. Price does not include international flights, visa, travel insurance, inoculation and other excursions.
7. All the programmes require minimum age 16.
8. If you have a complaint during your programmes, please inform the programme leader immediately or write to us by email to info@sunrint.com, with subject "complaint".

铭阳公司访华人员登记表

Sunrise Project Registration Form



Web: www.sunrint.com E-mail: info@sunrint.com Tel/Fax: +44 1273 738205

姓名 Full Name: _____ 性别 Gender: _____

年龄 Age: _____ 生日 Date of Birth: _____

国籍 Nationality: _____ 护照号 No. of Passport: _____

宗教信仰 Religion Belief: _____ 衣服尺寸 Clothes Size (conservation only): _____

职业 Career: _____

学历 Educational Qualifications: _____ 专业 Major: _____

地址 Address: _____

电话 Tel: _____

电子邮件 Email: _____

汉语水平 Level of Chinese: ☐ 无 Non ☐ 一般 Normal ☐ 精通 Good

访华日期 Date of Visiting China: 年 Year _____ 月 Month _____ 日 Day _____ 至 To _____ 月 Month _____ 日 Day _____

到港 (北京) 时间 Arrival Time (Beijing): _____ 航班号 Flight No.: _____

离港 (北京) 时间 Depart. Time (Beijing): _____ 航班号 Flight No.: _____

是否药物或食物过敏 What kind of food or medicine are you allergic to?

☐ 否 No. ☐ 是 Yes. Such as: _____

此次来华最想做的事情 What are you eager to do when you visit China this time?

在中国境内的行程 Programmes Schedule in China _____

城市 City _____ 月 Month _____ 日 Day _____ 至 To _____ 月 Month _____ 日 Day _____

城市 City _____ 月 Month _____ 日 Day _____ 至 To _____ 月 Month _____ 日 Day _____

城市 City _____ 月 Month _____ 日 Day _____ 至 To _____ 月 Month _____ 日 Day _____

请随报名表附上近照和个人简历
Please attached your recent photo
and CV with the booking form

紧急联系人及电话 Emergency Contact Person and Telephone: _____

Support & Backup

We are **always with you** during your time abroad.

- When you hand in your booking form, we will contact you to confirm your space and programme details in no more than three working days.
- Before your departure we will help you with all stages of planning your trip, from sending you the travel and medical advice to coinciding with other travellers. We will make you feeling involved before departure.
- We use an ATOL-bonded travel agent to help you find the bargain flight.
- We meet you at the airport at NO extra charge.
- Local orientation will be made in 24 hours after you arrival. A guide note put together with local mobile SIM card are provided by Sunrise is also include, filled with general information about your hostel or homestay, work place, emergency contact, etc.
- Training courses are free of charge to give you an idea what you should or should not do in your programme.
- We arrange the transportation to your work place at NO extra charge if it is outside of Beijing. (Flights or trains)
- Accommodation and meals are included in the price (unless otherwise stated) during your programme.
- After finish your programme, volunteer certificate and work reference are issued It can be added in your CV to light up your future career.
- We stay in touch with you during your programme on 24 hours basis. Our local staff team will look after your day-to-day life, arranging your living and work, while our UK office communicates with your families around the world.

Sunrise brochure

Sunrise Volunteer Programmes (China)

(Also known as 'Sunrise International (China)')

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China 100022

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Register in UK charity No.: 1132373

E-mail: info@sunrint.com

www.sunrint.com

discover
China with
Gapyear CareerBreak Volunteer Excursions

